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E-Bulletin, 14 November 2018

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NEWS

HAPPY TRUSTEES' WEEK!

Did you know that [12-16 November is a Trustees' Week](#)? [Reach Volunteering](#) have produced a series of great videos on trustee recruitment, including [What is a good trustee recruitment process?](#) and [How important is diversity on the Board?](#)

#YouMadeltHappen

When [NCVO](#) asked the public what they want to hear from charities, one thing came through loud and clear: they want to know about the difference that their support, donations and volunteering hours make. To thank all of our supporters NCVO is asking us to use the hashtag #YouMadeltHappen on all our social media on Monday 19 November. This will be a reminder of everything that's great about charities, and show how grateful we all are for the support we get. [Details](#)

MSVA DROP-IN

Come to our Drop-in at [East Grinstead Town Council](#) on **22 November, any time between 10am and 1pm**. Have a cup of tea or coffee and talk to Julia, our Community Development Coordinator, about the services we offer or to Edita, our Volunteering Administrator, about how we can help you promote your volunteer roles

or to Claire Webley, the Big Lottery's Local Funding Officer, about any project ideas you have (first [check if you are eligible to apply for a Reaching Communities Grant](#), then [email Claire](#) to book a 15 minute appointment).

NO MORE LONELY CHRISTMAS

[Contact the Elderly](#) are merging with [Community Christmas](#), an organisation which aims to ensure that no older person spends Christmas Day alone unless they want to. Community Christmas' website lists [events taking place across the UK](#) that are open to older, vulnerable people in the community who would otherwise be spending Christmas Day alone. If you, or someone you know, offers a meal or activity that welcomes older people on December 25th, then please [register the event's details](#) on the website.

CHILDREN AND YOUNG PEOPLE'S WELLBEING

Health and care partners across Sussex have become aware that the current services supporting children and young people with emotional wellbeing need to improve. Following discussions involving the seven Sussex Clinical Commissioning Groups, NHS, Local Authorities and Sussex Partnership NHS Foundation Trust, it has been agreed that an independent review of these services will take place.

[Details](#)

SOUTH EAST WATER'S NEW CUSTOMER CARE TEAM

South East Water has a dedicated [Customer Care Team](#) which safeguards vulnerable customers by aiming to provide direct assistance or signpost them to the help they require. The team can also meet alongside support workers to assist with payment plans to agree a resolution that best suits the customer.

THIS GIRL CAN #fitgotreal

Could you encourage women and girls of all shapes, sizes, abilities and backgrounds to get active? The latest phase of [Sport England's This Girl Can campaign](#) launched recently and aims to target women aged 14-60, in particular BAME, lower income (social-economic groups 5-8) and teenage female audiences. [Find out how to become a supporter](#) and encourage others.

SAFETY IN SUSSEX

Find out what Katy Bourne has been up to in [The Sussex Police & Crime Commissioner's Newsletter](#).

GREY BOOKCASE - FREE TO COLLECTOR

6.5ft tall and 2.5ft wide bookcase, free to anyone who can collect from 38 Church Road, Burgess Hill. For more information email emma.logie@sussexoakleaf.org.uk.

FUNDING

TEXT-TO-DONATE

Receiving donations via SMS text message can be a powerful source of income for small charities. Almost any charity can benefit but there are limitations to consider.

White Fuse Media explains [how text-to-donate works](#), what it costs, when you should use text giving and how to get started.

GATWICK AIRPORT COMMUNITY TRUST

Deadline 28 February

The normal level of grants is from £1k to £5k, currently awarded annually for such charitable purposes as the trustees determine within the area of benefit (parts of East and West Sussex, Surrey and Kent). They adopt strict criteria and channel funds for deserving projects, particularly in those areas where people are directly affected by operations at Gatwick Airport. The Trust has encouraged and supported schemes that benefit diverse sections of the local community and are targeted towards the development of **young people, the arts, sporting facilities, environmental improvement and conservation, improvements to community facilities, volunteering, the elderly and the disabled**. [Details](#)

OTHER FUNDING SOURCES

See a list of [other available Funding Sources](#).

TRAINING

STOP LOAN SHARKS - ENHANCED TRAINING

12 December, 1.30pm - 4pm, Chichester

13 December 1.30pm - 4pm, Worthing

11 January 10am - 12.30pm, Crawley

This training will be delivered by the Illegal Money Lending Team. To book email lin.fisher@birmingham.gov.uk or phone 07825 904 587. [Details](#)

CASCADING LEADERSHIP PROGRAMME

Starting January 2019, London

Deadline for applications 30 November

This is a free opportunity for leaders working in health and care organisations in the voluntary and community sectors to develop leadership skills and receive practical support. [Details](#)

INTRODUCTION TO YOUTH WORK - LEVEL 1

16 February & 16 March, Crawley

Sussex Clubs for Young people's course designed to help workers think about youth work approaches and the basics around delivering sessions to young people.

[Details](#)

SURVEYS & CONSULTATIONS

BUDGET SAVINGS

Deadline 3 December

West Sussex County Council is carrying out a period of consultation on proposed budget savings, this includes:

[Minimum Income Guarantee for Working Age Adults](#)

[Local Assistance Network Consultation](#)

[Housing Related Support Consultation](#)

RESOURCES

PROTECT YOUR CHARITY FROM FRAUD

[The Charity Commission](#) has compiled [information about fraud, how to spot it and what you can do to protect against it](#).

YOUNG MENTAL HEALTH

Following a recent tender, [YMCA DownsLink Group](#) is set to continue to provide face-to-face counselling services for young people (aged 11-18 years) with mild to moderate emotional wellbeing and mental health needs, in West Sussex. The service also offers online counselling via a new counselling and mental health support platform called [e-wellbeing](#). A new development within the service will be the delivery of a group work programme. The following websites support young people with mental health issues:

- [Find, Get, Give](#): information and advice about mental health for young people, parents/carers and professionals
- [Young Minds](#): resource booklets, self-help guides, service directory and a parent/carer helpline
- [Your Space](#): West Sussex site with information on Find It Out centres and other local support services

EVENTS

CHARITY PROFILE



Mid Sussex Marlins is a local community swimming club with big aspirations.

We offer a wide variety of training sessions to cater to the needs of the local community and our swimmers range from 6 to over 80 years of age!

The Club is experiencing a period of significant growth and success but with that comes additional demand on finances and administration. A large element of the running of the Club relies on volunteers and we are grateful for those that give so much time to us and welcome any new volunteers with open arms.

Mid Sussex Marlins swim at the Triangle pool in Burgess Hill and the Dolphin Pool in Haywards Heath.

www.midsussexmarlins.org



MSVA is a registered charity supporting the work of the voluntary and community sector in Mid Sussex. Please consider supporting us. For details of how you can **make a donation** email enquiries@msva.org.uk.

We would appreciate [YOUR FEEDBACK](#) of our services.

You can find [previous issues of MSVA e-bulletin on our website](#).

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Supporting community action across Mid Sussex
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